

CHOOSING THE RIGHT SKI JACKET

what type of skiing will you be doing?

Top Tip

MULTIPLE LAYERS WILL OFFER MORE FLEXIBILITY AND WARMTH THAN A SINGLE LAYER.

CROSS COUNTRY



CHOOSE

SOFTSHELL JACKET - ALL SEASON

CROSS COUNTRY SKIING IS A HIGHLY AEROBIC ACTIVITY SO BREATHABILITY IS KEY.

MOST SOFTSHELLS WILL BE TREATED WITH A DURABLE WATER REPELLENT COATING TO REPEL LIGHT SNOW OR RAIN.

LOOK FOR WINDSTOPPER/WINDPROOF SOFTSHELL JACKETS TO COMBAT THAT WIND CHILL.

BACK COUNTRY



CHOOSE

SOFTSHELL/LIGHTWEIGHT SHELL - ALL SEASON

AVOID INSULATED SKI JACKETS, THEY MIGHT KEEP YOU WARM WHEN STILL BUT ONCE YOU GET MOVING YOU WILL QUICKLY WARM UP. REGULATE YOUR BODY TEMPERATURE WITH A SHELL JACKET AND LAYERS INSTEAD.

AND

LIGHTWEIGHT PUFFER/DOWN JACKET - ALL SEASON

YOU NEED SOMETHING TO KEEP YOU WARM FOR REST STOPS AND EMERGENCIES, ESPECIALLY FOR REMOTE TOURS. IT SHOULD BE LIGHTWEIGHT ENOUGH TO FIT IN YOUR PACK.

A LIGHTWEIGHT DOWN JACKET IS IDEAL FOR DRY SUNNY DAYS BUT IT WON'T KEEP YOU WARM IF WET. CHOOSE A SYNTHETIC JACKET IF RAIN OR SNOW IS A POSSIBILITY.

DOWNHILL



CHOOSE

SHELL SKI JACKET - SPRING

IN MILD WEATHER A SHELL SKI JACKET WILL PROVIDE PROTECTION FROM THE WIND AND WORN WITH THE RIGHT LAYERS WILL KEEP YOU WARM. CHOOSE A WATERPROOF JACKET IF YOU INTEND TO BE FALLING IN THE SNOW A LOT!

OR

INSULATED SKI JACKET - SPRING + WINTER

IF IT'S COLD YOU WILL NEED ADDED INSULATION TO KEEP YOU WARM ESPECIALLY IF YOU'LL BE STANDING AROUND A LOT (WAITING FOR/ ON SKI LIFTS OR LEARNING TO SKI) OR YOU FEEL THE COLD EASILY. A WATERPROOF INSULATED SKI JACKET WOULD BE BEST SUITED ALTHOUGH A WATER RESISTANT JACKET IS A CHEAPER OPTION IF IT'S NOT LIKELY TO BE VERY WET.

OR

DOWN JACKET - WINTER

A DOWN JACKET IS AN OPTION IF IT IS LIKELY TO BE VERY COLD. DOWN JACKETS DO NOT PERFORM WELL IN WET CONDITIONS, SO ARE NOT SUITABLE IN HEAVY RAIN OR IF SNOW IS FORECAST.

PRONE TO OVERHEATING? YOU MIGHT FIND A DOWN JACKET TOO WARM FOR THE SLOPES BUT IDEAL FOR APRÈS SKI.